



Waves Winter Meet 4

Saturday July 24, 2010 - Moana Pool Short Course (SC)
Warm up 4.00pm - Start 4.30pm

All information is available on www.wavesswimming.co.nz

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|---------------------------------|-------------------------------------|
| 1. Mixed Open 400m Freestyle | 10. Mixed Open 200m Freestyle |
| 2. Mixed Open 50m Freestyle | 11. Mixed Open 50m Backstroke |
| 3. Mixed Open 100m Backstroke | 12. Mixed Open 100m Breaststroke |
| 4. Mixed Open 200m Breaststroke | 13. Mixed Open 200m Butterfly |
| 5. Mixed Open 50m Butterfly | 14. Mixed Open 200m Medley |
| 6. Mixed Open 100m Freestyle | 15. Mixed Open 400m Medley |
| 7. Mixed Open 200m Backstroke | 16. Mixed Open 100m Medley |
| 8. Mixed Open 50m Breaststroke | 17. Mixed Open 50m Duel in the Pool |
| 9. Mixed Open 100m Butterfly | |

- There are no qualifying times for this meet and No Times are acceptable.
- The only exceptions are the 400m races – the 400 Fr qualifying time is 6.30 and the 400 IM time is 6.45.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- This meet is open to all affiliated swimmers – please enter through your clubs.
- We would appreciate an electronic TM file and payment to the “Waves Swimming Club”.
- Entries cost \$3.50 per event and to fit within the time available each swimmer is limited to four events.
- Cash prizes
- One swimmer will win \$100.00 at each meet based on a random draw of event number and placing – anyone can win this price!
- All swimmers who attend all 4 meets in the series will go into a draw for \$100.00.
- Each swimmers PB’s will be accumulated across all of the meets and the swimmer with the largest total will win \$100.00.
- Any swimmer can enter the “Duel in the Pool” – 50 metres, any stroke, handicap based on best time, the cost is \$2.00 – points accumulated over 4 meets with the winner “taking all of the accumulated prize pool”. Non cash prizes to the winner at each meet.
- Non Cash Spot Prizes will be awarded throughout each meet.

Entries: Entries close Sunday, 18 July, 2010. Clubs please email your TM file, Meet Entry report and Meet Fee report to Andy Adair at apadair@xtra.co.nz.

Please note that no refunds will be issued after the Psych Sheets have been published on the Waves Website. Please post your payment to: Andy Adair

P.O Box 2340
South Dunedin

Officials: We would like a full complement of officials if possible. We would appreciate one official from each club for every 4 swimmers entered. Please contact Diana Evans on 4710888 or devans@business.otago.ac.nz to confirm your availability.