



# Waves Winter Meet 1

**Saturday May 8<sup>th</sup> 2010 - Moana Pool - Short Course (SC)**  
**Warm up 4:00pm - Start 4:30pm**

All information is available on [www.wavesswimming.co.nz](http://www.wavesswimming.co.nz)

1. Mixed Open 400m Freestyle	10. Mixed Open 200m Freestyle
2. Mixed Open 50m Freestyle	11. Mixed Open 50m Backstroke
3. Mixed Open 100m Backstroke	12. Mixed Open 100m Breaststroke
4. Mixed Open 200m Breaststroke	13. Mixed Open 200m Butterfly
5. Mixed Open 50m Butterfly	14. Mixed Open 200m Medley
6. Mixed Open 100m Freestyle	15. Mixed Open 400m Medley
7. Mixed Open 200m Backstroke	16. Mixed Open 100m Medley
8. Mixed Open 50m Breaststroke	17. Mixed Open 50m Duel in the Pool
9. Mixed Open 100m Butterfly	

- There are no qualifying times for this meet and *No Times* are acceptable.
- The only exceptions are the 400m races – *the 400 Fr qualifying time is 6.30 and the 400 IM time is 6.45.*
- All participants must agree to comply with the Sports Anti-Doping Rules.
- This meet is open to all affiliated swimmers - please enter through your clubs.
- We would appreciate an electronic TM file and payment to the 'Waves Swimming Club'.
- Entries cost \$3.50 per event and to fit within the time available each swimmer is limited to four events.
- Cash prizes:
- One swimmer will win \$100.00 at each meet based on a random draw of event number and placing – anyone can win this price!
- All swimmers who attend all 4 meets in the series will go into a draw for \$100.00.
- Each swimmers PB's will be accumulated across all of the meets and the swimmer with the largest total will win \$100.00.
- Any swimmer can enter the 'Duel in the Pool' – 50 metres, any stroke, 17 handicap based on best time, the cost is \$2.00 – points accumulated over 4 meets with the winner "taking all of the accumulated prize pool". Non cash prizes to the winner at each meet.
- Non Cash Spot Prizes will be awarded throughout each meet.

**Entries:** Entries close Sunday 1<sup>st</sup> May 2010. Clubs please email your TM file, meet entry report and meet entry fee report to Kay Alexander at [williander@xtra.co.nz](mailto:williander@xtra.co.nz). Please note that no refunds will be issued after the Psych Sheets have been published on the Waves web site. Please post your payment to:

Kay Alexander  
12 Wardlaw St, Dunedin.

**Officials:** We would like a full complement of officials if possible. We would appreciate one official from each club for every 4 swimmers entered. Please contact Diana Evans on 4710888 or [devans@business.otago.ac.nz](mailto:devans@business.otago.ac.nz) to confirm your availability.

[www.wavesswimming.co.nz](http://www.wavesswimming.co.nz)

