



# Winter Meet 3 World Champs

**Saturday July 18<sup>th</sup> 2009 - Moana Pool - Short Course (SC)**

**Warm up 4:00pm - Start 4:30pm**

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|---------------------------------------|---|
| 1. Mixed Open 400m Medley Relay       | 10. Mixed Open 200m Backstroke            |
| 2. Mixed Open 50m Freestyle           | 11. Mixed Open 100m Butterfly             |
| 3. Mixed Open 100m Backstroke         | 12. Mixed Open 200m Freestyle             |
| 4. Mixed Open 200m Breaststroke       | 13. Mixed Open 100m Breaststroke          |
| 5. Mixed Open 100m Freestyle          | 14. Mixed Open 100m Medley                |
| 6. Mixed Open 50m Medley Relay-Fly Bk | 15. Mixed Open 200m Butterfly             |
| 7. Mixed Open 50m Medley Relay-Bk Br  | 16. Mixed Open 200m Medley                |
| 8. Mixed Open 50m Medley Relay-Br Fr  | 17. Mixed Open 400m Freestyle Relay       |
| 9. Mixed Open 50m Medley Relay-Fr Fly | 18. Duel in the Pool – Head to Head Final |

- ⌚ Event 1 – 400 Medley Relay will have 8 swimmers per team each swimming 50m's – 4 boys and 4 girls – one from each age group. The first 50m will be backstroke. The second backstroke swimmer leaves from a dive. The Teams can swim the 2<sup>nd</sup> to 8<sup>th</sup> 50m's in any order.
- ⌚ Event 16 has 8 swimmers swimming 50m's each – 4 boys and 4 girls – one from each age group.
- ⌚ The Age Groups are 10 & under, 11 &12, 13 & 14, 15 & over.
- ⌚ Do not enter the events above. Each swimmer entering is required to provide their best times for 50 &100 Free, 50 &100 Back, 50 &100 Breast, 50 &100 Fly. These times will be used for team selection and event allocation.
- ⌚ Each team will have two lanes so they can enter two swimmers in each event. Event 6, 7, 8 and 9 are two man teams – each team can enter two teams each.
- ⌚ No swimmer may swim more than three swims.
- ⌚ Each team will be allocated a Coach, a Manager and a Cheer Leader – a Team Captain will also be selected and this group will allocate swims to swimmers to maximize points potential.
- ⌚ The teams will be New Zealand, USA, Australia and Britain.
- ⌚ We will select these teams as soon as we receive the 50 and 100 metre times from the clubs for each of the swimmers they are entering.
- ⌚ When the teams have been selected we will email the swimmers via their clubs telling them what team they are in so that they wear the colours of their team.

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- ⌚ Each team member will get a swim cap in their teams colours.
- ⌚ The Grandstand will be divided into team areas and have the swimmers and their supporters will be asked to sit in these areas – the plan is to have everyone in their team colours and to make plenty of noise. Each area will be identified by large banners.
- ⌚ There will be a March Past and Medal Presentations with the countries National Anthems.
- ⌚ Costs: A flat fee of \$15.00 per swimmer for three swims.
- ⌚ Scoring will be 1<sup>st</sup> = 12, 2<sup>nd</sup> = 7, 3<sup>rd</sup> = 6, 4<sup>th</sup> = 5, 5<sup>th</sup> = 4, 6<sup>th</sup> = 3, 7<sup>th</sup> = 2, 8<sup>th</sup> = 1. Relays will score double points.
- ⌚ Prizes: Non cash Spot Prizes will be awarded throughout the meet

**Entries:** Entries close Sunday 5<sup>th</sup> July 2009. Please email your TM file, meet entry report and meet entry fee report to Kay Alexander at [williander@xtra.co.nz](mailto:williander@xtra.co.nz). Please note that no refunds will be issued.

Please post your payment to: *Kay Alexander*  
*12 Wardlaw St, Dunedin.*

**Officials:** We would like a full complement of officials if possible. We would appreciate one official from each club for every 4 swimmers entered. Please contact Diana Evans on 4710888 or [devans@business.otago.ac.nz](mailto:devans@business.otago.ac.nz) to confirm your availability.

[www.wavesswimming.co.nz](http://www.wavesswimming.co.nz)



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